

SAILING INSTRUCTIONS

Cape to Cape Challenge Cup VII

July 31 & Aug 1 , 2015

Corinthian Yacht Club of Cape May

Cape May, New Jersey

and

Lewes Yacht Club

Lewes, Delaware

1. **Rules**

The regatta will be governed by the Racing Rules of Sailing (RRS), the prescriptions of the United States Sailing Association, the Notice of Race (except as any of these are altered by these Sailing Instructions) and by these Sailing Instructions. All boats must meet applicable state and federal rules for equipment and safety.

- Any questions in regard to these sailing instructions must be submitted in writing to the Race Committee Chairman. Questions must be submitted to forresterbrv@gmail.com. Any answer will be posted on the Official Regatta Notice Board and C2C/Yacht Scoring website.

2. **Entries**

- Eligible yachts may be entered by completing registration with the organizing authority and paying all fees.
- All boats must be equipped with a VHF radio capable of transmitting and receiving. Channel 78 shall be used for the regatta.
- Boats who will sail directly to the starting area July 31 and, do not attend the skippers meeting, should contact Principal Race Officer Jim Forrester by calling cell phone (540) 797-0777 no later than 1000 Friday July 31.
- Skippers meeting for Friday races shall begin promptly at 1030 Friday July 31.
- Skippers meeting for the Saturday Race shall be held at 1900 on Friday July 31

3. **Notice to Competitors**

Notices to competitors will be posted on the official notice board located on the first floor of the clubhouse CYCCM and C2C/Yacht Scoring website.

4. **Changes in Sailing Instructions**

Any change in the sailing instructions, after the competitors meeting, will be posted before 1000 on that day.

5. **Signals Made Ashore**

- Signals made ashore will be displayed on the Club mast.
- The Answering Pennant "AP" may be displayed. When displayed ashore the postponement will be for one hour. The time of the warning signal will be posted on the Notice Board before the lowering of "AP".
- New notifications posted to the CYCCM official notices board will be signified by Code flag "L"

6. **Schedule of Races**

- Friday July 31, First Warning Signal 12:30 hours
- **Order of start J70, Spinnaker, followed by Non-Spinnaker.**
- Second Race to follow.
- Saturday August 1, First Signal 1100 hours
 - **Order of start J70, Spinnaker, followed by Non-Spinnaker.**
 - The race course starting location (off cape May or, near Canal entrance on Delaware Bay) will be posted by 0830 and announced on VHF channel 78 at 0830 August 1.

7. **Class Flags**

- Signal flag “1 ” will be used for J70 Class (pennant with white field and red dot)
- Signal Flag “2” will be used for Spinnaker PHRF class (pennant with blue Field and white dot)
- Signal Flag “3” will be used for Non-Spinnaker Class (pennant with red, white and, blue vertical bands)
- All boats must check in with start boat prior to first race each day by calling out her sail number and the RC acknowledging her hail.

8. **The course(s) Friday 31**

- Rendezvous with the RC Signal Boat at the location N 38° 55.337' W 74° 53.360' approximately 1 ½ miles west of 2CM.
- The the J70 and Spinnaker class will sail the same course which will be a Windward Leeward Course (W). The course for the Non-Spinnaker class will be a Triangle Course (T). Courses , Distance and bearing to the weather mark will be posted on the starboard side of the signal boat and, announced on Channel 78 approximately 3 minutes before the warning signal. Repeated horn blasts will precede the VHF announcement.
- An offset mark shall be used at the weather mark.
- All fleets will finish to weather. After finishing the first race boats should promptly return to the starting area.
- Boats not racing should avoid interfering with yachts racing.
- Course Diagrams for all classes is depicted on attached document Appendix 1.

9. **The Courses Saturday August 1**

- Yachts shall either start off CM approximately 1.5 miles west of 2CM: the ocean course “A” or at the mouth of the Cape May Canal, in the Delaware Bay, the Bay course “B”. All fleets shall sail the same course.
- Courses, Distance and bearing to the weather mark will be posted on the starboard side of the signal boat and, announced on Channel 78 approximately 3 minutes before the warning signal. Repeated horn blasts will precede the VHF announcement.
 - Course “A”:
 - Course A S will round the first mark to starboard.
 - Course A P will round the first mark mark to port
 - Mark at Prissywick Shoal: All fleets must take the second mark to starboard. The club mark off Prissywick Shoal will be located near coordinates N 38° 52.8', W 74° 56.9', approximately 5.1 NM from 2CM on a bearing from 2CM of approximately 244° M
 - Course A all fleets shall approach the finish area off the Lewes Yacht Club by taking the Harbor of Refuge light at W38° 48.9' W75° 05.5' to Starboard and Cape Henlopen to Port

- Course “B”
 - The B starting area will be located North of the Cape May Canal Delaware Bay entrance near N 38° 58.270 by W 74° 58.709°. Finish mark will be located off the Lewes Yacht Club near N 38° 47.782 by W 75° 08.603'. This finish area bears approximately 229° M and 13 miles from the starting area.
 - The B course will have the option to add a short weather leg which will be posted on the RC Signal Boat. If there is a weather mark, course B P will be a mark to port rounding around the weather mark, if a starboard rounding the course will be “BS”
 - All Yachts will approach the finish area by taking the ice breakers and govt. mark “W” to port.

10. **Marks**

- All marks will be orange tetrahedrons. Off set marks will be small orange tetrahedrons.

11. **Checking In**

- All yachts competing in this race must check in with the RC boat before the first warning signal of the day.

12. **The Start**

- The start shall be between an orange flag on the RC boat and an orange mark at the other end of the line.
- The start will be signaled in accordance with RRS 26.
- There will be one start for each class.
- Yachts starting more than 15 min after the starting signal will be scored DNS.

13. **Recalls**

Yachts are responsible to be behind the starting line before the starting signal. Individual recalls will be signaled in accordance with RRS 29.2. In addition, the Race Committee as a courtesy will attempt to promptly hail and broadcast the sail number of each recalled yacht on channel 78. If a one minute rule RRS 30.1 or 30.2 is in effect, yachts which cross the starting line in the minute before the start may be notified before the starting signal. The following shall not be grounds for redress:

- Failure of the yacht to hear a hail or receive a recall broadcast; b) A yachts position in the sequence of recalled broadcast numbers.

14. **Changes and Shortening of Course After the Start**

- Changes shall be governed according to RRS 33 a.1
- Shortening shall be in accordance with RRS 32.2a

15. **The Finish**

The finishing line will be between a staff displaying an orange flag on a Race Committee boat and an orange tetrahedron at the finishing line location provided in items 8 and 9 “The Courses”.

16. **Time limits**

- Time Limit for Friday races for first boat to finish in each class will be 2 hours.
 - Subsequent boats must finish within one half hour after first boat in its class to finish. Boats arriving after that time will be scored DNF.
 - No races will be started after 1630 hours on Friday July 31.
- Time limit for the Saturday race for first boat to finish in its class will be 5 hours from her starting signal.
 - Subsequent boats must finish 2 hours after first boat in its class to finish. Boats arriving after that time will be scored DNF.
 - No race will be started after 1430 hours.

17. **Penalties**

Penalties for the infraction of a rule in Part 2 or Rule 31 shall be in accord with RRS 44.1 and 44.2.

18. **Protests**

- The protesting yacht shall display a red flag flown conspicuously from the back stay in accordance with RRS 61.1.
- Protesting yachts must notify the RC of intent to protest shortly after finishing.
- Protests shall be written on USSA forms available from the Lewes Yacht Club and lodged with the Protest Committee there within the Protest Time which will begin at the time of the docking of the Race Committee Finish boat and end 45 minutes later. Docking time will be posted on the Official Notice Board located at the Lewes Yacht club.
- Protest notices will be posted at the Lewes Yacht Club within one-half hours of the Protest Time limit to inform competitors where and when there is a hearing in which they are interested parties or witnesses.
- The Protest Committee will hear protests in approximately the order of receipt.

19. **Scoring**

- A yacht which retires from a race shall notify the Race Committee by calling Jim Forrester's cell phone (540-797-0777) before leaving the course area. If a yacht is not able to notify the Race Committee prior to departure from the course due to damage or injury she shall notify the Race Committee immediately after arriving ashore.
- This race is being conducted in a major commercial traffic area and across shipping lanes. Please give way to ships and ferries who are sailing in channels and unable to move outside them. Remember the rule “ships much bigger than you always have the right of way”.
- All yachts in each class are permitted to utilize GPS for the Saturday August 1 Race.

20. **Responsibility**

- The responsibility for supervising this race is solely that of the Corinthian Yacht Club of Cape May who assumes no liability whatsoever in connection therewith. The responsibility of the Race Committee is to provide a start, course and to record times/position at a finish. The decision to start, continue or retire is the sole responsibility of the contestant.

21. **Prizes**

- Prizes will be awarded after racing on August 1 at the Lewes Yacht Club.

- One race shall constitute a regatta.
- Each buoy race on Friday shall count 25% each towards the final score. The distance race on Saturday shall count 50%.
- If a total two races are sailed each race shall count 50%.